

PLAY GROUP

Activity 1

Sing alone the following rhymes with your child at home:-

1. Twinkle Twinkle Little Star
2. Baa Baa Black Sheep
3. Wheels of the bus go round and round

Baa, Baa Black Sheep

Baa, Baa, Black Sheep,
Have you any wool?
Yes sir, yes sir,
Three Bags full,
One for my Master,
One for my Dame,
One for the little boy,
Who lives down the lane.

Twinkle – Twinkle

Twinkle, Twinkle little star,
How I wonder what you are,
Up above the world so high,
Like a diamond in the sky.

Wheels of the bus go round and round

The wheels of the bus go round and round,
round and round, round and round,
The wheels of the bus go round and round,
All day long.

The whippers of the bus go swish, swish, swish,
Swish, Swish, Swish, Swish, Swish

The wipers of the bus go swish, swish swish

All day long.

(In the same tune.....Continue)

The horn of the bus go Beep Beep Beep

The mumma's in the bus go Chitter, Chatter, Chitter, Chitter, Chatter, Chitter

The conductor in the bus says ticket, ticket, ticket

The children in the bus bounce up and down.

But the wheels of the bus go round and round,

round and round, round and round

The wheels of the bus go round and round,

All day long.

Activity 2

Finding shapes around the house:-

Objective - Reinforcement of the shapes

Materials - Circle – clock, a bowl, a chapati, pizza base
Square – Cushion, slice of bread, handkerchief

How to go about it

1. Take our child for a tour of the house. Observe different shaped objects.
2. Look at the objects and let your child name its shape.

Eg. – point to a clock and ask him/her to name its shape. Then point to the cushion, television screen and computer screen etc.

3. Talk about the characteristics of each shape

Circle – is round and has no sides

Square – has four equal sides

Activity 3 Working out at Mummy's gym

Balloon dancing

Objective – A great way to use our child's energy and help body co-ordination

Material – Your child's favorite song and balloon.

1. Play the song and dance with our child holding the balloon between the two of you.
2. Hold the balloon between different body parts and dance – hand to hand, head to head, back to back, shoulder to shoulder (Yours and your child's)
3. P.S. for keeping the balloon between you and your child (mumma / daddy) need to kneel down and come to the child's level.

Note:- The activities given above are not compulsory. They are meant to keep the child constructively busy for some time during the day.